

# ISLAND GROWN

---

---

## HARVEST <sup>OF</sup> THE MONTH

---

---

- February, 2015 -

# PEA SHOOTS

### PEA SHOOT PESTO

**4 Cup fresh pea shoots**

**1 Clove garlic, minced**

**Grated zest and juice of 1 lemon**

**1/2 Cup grated parmesan cheese**

**1/2 TSP salt**

**1/4 Cup olive oil**

*Combine all the ingredients in a food processor.*

*Serve with pasta, as a sandwich spread, or on crackers with ricotta cheese.*

*Recipe by Robin Forte*



*For more information visit*

**ISLANDGROWNSCHOOLS.ORG/HARVESTOFTHEMONTH**