



Lesson Title	Unit
Planting Peas	Gardens
Grade Level(s)	Common Core Standard(s)
Preschool	
Objectives	Essential Questions
Students will know how to plant seeds.	How do we grow food?
Duration	Materials Needed
30 minutes	Pea seeds, hand rakes, bagged compost (optional), watering cans (optional)
Background Information	Setup Required

Procedure
<p>Introduction: During circle, explain to students that since it's spring, it's time to start planting seeds outside in the garden! The first vegetables that can be planted are peas. Review the rules of the garden, and explain that first we're going to use garden tools to loosen the soil in our garden beds, then we're going to plant some pea seeds.</p> <p>Activity:</p> <ol style="list-style-type: none"> <li>1. Start by removing any weeds or leaves from the garden bed. Review the different types of tools available, and how to use them correctly.</li> <li>2. Open the bag of compost and let the children look at it. Ask them what they notice, and whether it looks different than the soil in the garden bed.</li> <li>3. Dump out the bag of compost and work together to mix it into the bed. Once the compost and soil are mixed, use the tools to flatten the soil and prepare it for planting. Put all the tools away.</li> <li>4. Show the children what the pea seeds look like. Demonstrate using a finger to poke a hole in the soil, putting a seed in the hole, and covering it up.</li> <li>5. Let the children plant all their seeds.</li> </ol>



Wrap up/ Assessment: Ask the children what the seeds need to be able to grow- water! Fill watering cans and gently water the peas. Ask the children how long they think it will take for the peas to grow. Will they be growing when we come out to the garden next week?

#### **Extensions and Variations**

Build a pea trellis  
Taste pea shoots  
Make pea shoot pesto