



Lesson Title	Unit
Planting a Sensory Garden	Sensory Garden
Grade Level(s)	Common Core Standard(s)
Preschool	
Objectives	Essential Questions
Students will learn about each of the five senses and connect them to something in the garden.	Which senses do we use in the garden?
Duration	Materials Needed
30 minutes	<p>A plant/seeds for each sense, hand rakes, trowels, bagged compost (optional), laminated copy of the 5 senses scavenger hunt worksheet to use as a reminder</p> <p>Smell: herbs- lavender, sage, mint, thyme, oregano Taste: pea shoots, sorrel, cherry tomatoes, mint, kale Sight: flowers- zinnias, calendula, marigolds Touch: sage, mullein Hear: ornamental grasses, wind chime, bird feeder to attract birds</p>
Background Information	Setup Required
This lesson is a follow up to the five senses scavenger hunt, so students should already be familiar with each of the senses	Buy plants or have starts ready, choose a bed to designate as the sensory garden bed



Procedure

Introduction: Ask children if they remember what we did in the garden last time. Ask if they can still name each of the five senses. Work together to name them all, using the worksheet from last time. Explain that this week we're going to plant a sensory garden bed, with one (or more) plant for each sense.

Activity:

1. In the garden, pass around each plant/seeds, tell the students what it is, and ask them what sense they think it's for. Let them smell/touch etc.
2. Give each child a hand rake, and let them prepare the soil by removing all the weeds and loosening it with the rakes. Add bagged compost if necessary, and mix it in.
3. Split the group into five groups, and give each group a plant. Have each group work together to dig a hole if they're planting a potted plant, or plant their seeds according to the instructions on the packet.

Wrap up/ Assessment:

When everything's been planted, ask the group which senses they would use with their plant. Is it something to eat? Something to touch? Etc.

Extensions and Variations

Extensions: Paint wooden signs that say "smell me", "taste me" etc. and place around the sensory garden bed.